

# 21 Day Habit Packet - GRATITUDE

## INTRODUCTION

This devotional is to inspire you to make quiet time a habit. I have read that it takes 21 days to develop a new healthy habit, so let's give it a go! When you begin to see the difference in your daily life that comes from spending time with Him & His Word each morning, I think you will be hooked! You will realize this habit becomes an addiction. Every day you just want more. More of Jesus. More of His Word. More of His Wisdom!

I hope you will use this Gratitude devotional as just the starting point in your time with Him. My words are only to help you listen and hear what God wants to speak into your heart.

Fostering an attitude of gratitude begins at the core of our being, in the heart. In the spirit. It can be tough at times to be grateful in life's unexpected situations, but I pray as you go through this devotional you will gain a new perspective. There are many things we forget we have been blessed with.

Gratitude is not contingent on our life circumstances, but on our hope. Thanksgiving and gratitude will overflow in us as we learn more of God. He blesses us so much more than we realize.

**I want to pray for you, your relationship with God, and for your heart as you begin this devotional study:**

*Father, thank you for allowing me the opportunity to work with you. I want to ask your specific and unique blessing on each pair of hands that will pick up this simple packet of papers. It is not much without You speaking through it Lord. This is Your project and I ask you to take full control. I ask you to speak Your words to each heart as they read. I ask you to reveal things previously hidden to them. I ask you to open hearts to be filled with gratitude and thanksgiving for You, Your work, Your love and Your salvation, and for others. Help us to all recognize the amazing gifts we have been blessed with already. Thank you Lord for what you are about to start in each of these lives. Amen.*