

DAY 1

Great is his faithfulness; his mercies begin afresh each morning.

– Lamentations 3:23

A NEW DAY

- What do I hope for today? (What will it take to make a great day for you?)

- Think for a moment. Does the above description line up with what God would say needs to happen today to make this day great? Why or Why Not?

- Name 2 things you are thankful for right now!
 - o 1
 - o 2

- Will you commit to be thankful at the end of this day even if it erupts into chaos instead of your perfect day?

- Write a simple prayer to God thanking Him for blessing you with the 2 things listed above. Also ask Him to please keep you reminded of those things today when things get crazy!

Remember, it is just a bad DAY, not a bad life 😊